

Foreword by Dr. Myles Munroe

Vertical *Leap*



How to birth
your dreams,
visions and
ideas into
reality.

AL HOLLINGSWORTH ↗



A Vertical Leap Seminar is a power-packed boot camp designed to fast track participants through a Vertical Leap from FACTS to FAITH to ACTION! The goal of the seminar is achieved when participants can crystallize their God-given dreams, visions, and ideas and are empowered to pursue them.

THE VERTICAL LEAP SEMINAR TEACHES HOW TO:

- Take an action and give birth to a dream, vision, or idea from God
- Take godly risks
- Apply kingdom commerce principles to the home, business, church, and community
- Start a godly business
- Apply total quality management systems to ministry, business, and personal life
- Write a business plan, understand business financial statements, and much more

You may attend a four-day Vertical Leap Seminar held at the Alhatti Christian Resort in the mountains above Palm Springs, California, or you may host a Vertical Leap Seminar City Tour in your community. For more information, call 1-888-559-BOSS or visit the web site at: www.bossthemovement.com.

Vertical



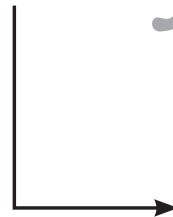
Leap

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**How to birth
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AL HOLLINGSWORTH



with Deborah Poulalion

With Foreword by Dr. Myles Munroe

Vertical Leap by Al Hollingsworth

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Dedication

This book is dedicated to all believers in Jesus Christ who feel God's call to be in right alignment with His purpose and desire training in how to birth His dreams, visions, and ideas.

Contents

Foreword by Dr. Myles Munroe	xi
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PART 1: HOW TO GET WHAT YOU WANT

1 Stop Being Sorry	3
2 Vertical Leap.....	16

PART 2: SEVEN SPIRITUAL PRINCIPLES

3 Principle #1: See It on the Inside	29
4 Principle #2: Bond With Your Source.....	38
5 Principle #3: Make the Invisible Visible.....	51
6 Principle #4: Create; Don't Just Trade.....	66
7 Principle #5: Reprogram Your Subconscious Mind	77
8 Principle #6: Choose Who Pushes You	93
9 Principle #7: Analyze Your System.....	101

PART 3: THE SPIRITUAL DIMENSION

10 Seeking Spiritual Guidance.....	125
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Appendix A: The Business Plan.....	143
Appendix B: Test Your Knowledge.....	162
Appendix C: How to Know You Are a Child of God.....	166

Meet the Hollingsworths.....	169
Christian Business Ministries.....	171
Boss the Movement.....	172
Alhatti Christian Resort	173

DIAGRAMS AND ILLUSTRATIONS

Key Concepts Reading Plan	4
Motivational Force	12
Potential—View 1	19
Potential—View 2.....	20
Vertical Leap	23
Hierarchy of Existence.....	32
God’s Timeline vs. Man’s Timeline	35
Hope to a Thing.....	52
Hierarchy of Dimensions	60
Life Phases Chart	81
System Using Statistical Process Control	105
Fish Boning.....	111
Cash Flow Creating Wealth.....	132
Cash Flow Creating Poverty	133
Time Management Matrix	135

Foreword

The desire to achieve and succeed is inherent in the heart of all humans no matter their socio-economic status. However, only a small percentage of the world's population will experience the level of success desired.

This lack of personal achievement is due in some cases to lack of opportunity, disadvantaged situations, and external resources restrictions. However, in the majority of the cases, many fail to achieve their God-given purpose and potential due to their ignorance of, or failure to effectively apply, the eternal principles and laws of life established by the Creator.

Life was designed for success and created for you and I to achieve and experience God's destiny and vision for our lives. However, life was also designed to function according to set laws and principles that guarantee success. If we can learn and apply these laws as laid down by the Creator of life, success would be inevitable.

Al Hollingsworth in this work, *Vertical Leap*, breaks down these fundamental principles for all of us to apply and, through his personal experience and achievements, makes them simple and practical. In his direct approach, Al leaps over complicated formulas and theories to present these vital principles from the source of all wisdom, the Bible.

Vertical Leap shows us that no matter where we are, in what situation we may find ourselves, or our economic condition, if we follow these time-tested laws of success, we can make that

Vertical Leap to the place of success designed for each of us by our Creator God.

Al's personal testimony and living example is evidence that what he writes is proven and true. I admonish you to carefully peel the wisdom and insight from these pages and, through diligent application and commitment, watch your life also make that Vertical Leap.

—DR. MYLES MUNROE
NASSAU, BAHAMAS

Acknowledgments

First to my Lord and Savior, Jesus Christ, who each day reminds me that He loves me, that He has a plan for me, to be at peace with the challenges of life and to trust Him for He is with me. Thank You for Your love and patience with me.

To my wife and best friend, Hattie, who is always by my side as lover, counselor, visionary, and motivator, who is ever ready to leave the comforts of home to be with me as we travel and discover the truths of this world. Thank you for the years of challenging me to write a life-changing, interactive book.

To my children and grandchildren, who have taught me love and patience in the issues of life's success.

To my anointed co-laborer in the delivery of this book, Debbie Poulalion, thank you for your faithfulness, persistence, and hard work in the midst of pregnancy and delivery while yet managing with husband, Mark, a beautiful family.

To Dr. Myles Munroe, thank you for being a man of vision who has touched the world with hope and purpose. Continue to roar—we are awake and listening. Your advice and encouragement have been most appreciated.

To my Aldelano, CBM (Christian Business Ministries), and Alhatti teams—past and present—who have helped me to reach my dreams, visions, and ideas.

Part 1

HOW TO GET WHAT YOU WANT



Chapter 1

STOP BEING SORRY

Many of us have good intentions about our dreams, but we frequently find ourselves following up those intentions with the words, “I’m sorry.” I’m sorry I didn’t complete it; I’m sorry it didn’t happen. I’m sorry, I’m sorry, I’m so sorry.

We say I’m sorry so much that it has shaped our perception of ourselves—we *are* sorry.

We’ve seen so much failure around us that we think success is out of our reach. We look at others who succeed and think, “They must have a golden spoon or something I’m not privy to. I am just destined to be sorry.” We find a sick form of contentment in believing we were predestined for failure.

I have written *Vertical Leap* to tell you that God wants you to succeed. In fact, He purposed for you to succeed because He placed dreams, visions and ideas inside of you that are crucial to fulfilling His purposes on earth. Success isn’t just about your personal happiness. It’s about God’s plan for humanity.

Vertical Leap is not a book about self-motivation. It’s a book about finding out what God has for you to do, building up your faith and taking action.

A lot of people call me Coach because of the way I challenge and encourage people around me. For the rest of this book I want to be your one-on-one trainer. Together we can break the “I’m-sorry” cycle.

Reading a book may be a challenge for you, but I guarantee that if you apply yourself and do it that you will be amazed at the benefits you will reap.

As your personal trainer, I have a plan that will make taking the Vertical Leap easy and efficient. Just as when you are working out, don't get bogged down by trying to do it all at once. Short, ongoing reading sessions will make you stronger than exhausting yourself and then doing nothing for a month.

Here's your personalized workout plan.

Key Concepts Reading Plan

Let's make reading this book easy. Below is a list of key concepts and the page numbers that explain them. If you read just one key concept per day, you will finish the entire book in thirty-three days!

Chapter 1 "Stop Being Sorry"

- Day 1: Satan's strategies (p. 7)
- Day 2: Motivation (p. 12)
- Day 3: Application questions (p. 14)

Chapter 2 "Vertical Leap"

- Day 4: Stay conscious/Do it now (p. 16)
- Day 5: Your potential (p. 18)
- Day 6: Application (p. 25)

Chapter 3 "See It on the Inside"

- Day 7: Faith vs. Logic (p. 29)
- Day 8: Parallel universes (p. 33)
- Day 9: Application questions (p. 36)

Chapter 4 “Bond With Your Source”

- Day 10: Levels of bonding (p. 38)
- Day 11: Heroes of faith (p. 44)
- Day 12: Application questions (p. 49)

Chapter 5 “Make the Invisible Visible”

- Day 13: Hope to a Thing (p. 52)
- Day 14: Mark 11:22-25 formula (p. 56)
- Day 15: Rules of operation in the spirit realm (p. 58)
- Day 16: Application questions (p. 64)

Chapter 6 “Create; Don’t Just Trade”

- Day 17: Methods of commerce (p. 67)
- Day 18: Application questions (p. 75)

Chapter 7 “Reprogram Your Subconscious Mind”

- Day 19: Brain teaching (p. 77)
- Day 20: Programming from childhood (p. 82)
- Day 21: Reprogramming past files (p. 88)
- Day 22: Application questions (p. 91)

Chapter 8 “Choose Who Pushes You”

- Day 23: Conscious/subconscious mind (p. 93)
- Day 24: Choosing consciousness (p. 95)
- Day 25: Application questions (p. 100)

Chapter 9 “Analyze Your System”

- Day 26: Systems (p. 101)
- Day 27: Improving production (p. 105)
- Day 28: Application questions (p. 120)

Chapter 10 “Seeking Spiritual Guidance”

- Day 29: Receiving an idea in God’s presence (p. 125)
- Day 30: Starting a business with no money (p. 129)
- Day 31: Application questions (p. 139)
- Day 32: Business Plan (p. 143)
- Day 33: Test Your Knowledge (p. 162)

If you are willing to be obedient and try, God will give you another chance to bring forth your visions and dreams—or He will give you better ones. I know this from personal experience.

MY SECOND CHANCE

Early in my business career I was not having financial success. This condition continued for many years until one day my wife, Hattie, and I asked God to remove anything in our lives that was not pleasing to Him. Shortly afterward, He answered that prayer—Hattie and I went bankrupt.

I thought that was the worst thing that ever happened to me. How could God allow this? That prayer was not intended to include removing my business, my livelihood, my love! The business had been good for my pride. I had big impressive buildings, machines, and trucks on the road carrying my logo.

After seventeen years of running a multimillion-dollar business, it was gone in one swoop. Creditors foreclosed and shut me down. This was a dark time of my soul. I was so confused. I thought I had things all together. Now I was losing all the things on which I had built my identity.

For nine months, my suffering drove me into the hills near my home, crying out for hours each day for God’s clarity and direction in my life, “God, I’m going to find You or die. I’m not going to play church with You anymore. I’m not going to play games

and say I understand things about You when I can't see. God, I need You to be present with me. Give me a new dream, a vision, or an idea.”

Out of that desperate cry was birthed our multimillion-dollar contract packaging business (Aldelano Corporation). That successful business has provided enough income for us to launch several ministries:

- B.O.S.S. the Movement (aimed at training inner-city teens for business),
- Christian Business Ministries (teaching business principles to adults),
- The Alhatti Christian Resort (located near Palm Springs, California), and
- Vertical Leap Seminars (see page i for information on how to attend).

Now I thank God for this time of learning to trust Him. The wilderness experience allowed God to give us a new vision for business so profitable that we could be a blessing in building the kingdom of God and retire if we chose to without ever having to be financially sorry. I am filled with excitement as I travel and work every day because I know that I am fulfilling God's dream for me, which in turn benefits all of humanity as my dream fits into His greater plans.

SATAN'S STRATEGIES

Satan doesn't want us to give birth to the vision God places in us. He uses six simple strategies to paralyze us.

1. Fear. We're afraid that if we try, we will fail. But the Word of God says, "Fear not, for I am with thee" (Gen. 26:24, KJV).

Fearful thinking will birth a spirit of indecisiveness and powerlessness. The greatest threat to faith is the fear of failing.

2. Weariness. We get into bad habits because we're tired. I am frequently asked to conduct marriage seminars. When I first started studying why marriages aren't working, I thought the reasons would be money and then sex. But the number one problem was "I'm tired." Weariness can birth a spirit of laziness, which manifests as uncleanness and crystallizes into poverty and selfish dependence.

All day you worry and fret about the cares of the world. "I may be laid off tomorrow. I may not be able to pay the car note and put food on the table. I don't know if they like me here; they might reject me there." Weariness is one way Satan keeps the body of Christ from hearing God.

3. Lack of Discipline. What's your grade point average in life? Are you flunking and repeating the same class over and over again? If so, you are probably choosing to satisfy your wants now rather than endure some discomfort for a future reward. You need to develop discipline.

The word *discipline* means "to delay gratification." You will only progress in life when you are willing to delay your gratification. Along with discipline there must be balancing. Balancing means you must let the lesser things die so that the greater may live.

4. Pursuit of Self-Interest. "God, I don't have time to do what You told me to do. Let me do my thing, and then I'll do Your thing." Instead of exploding with God's power, many people implode because they've become afraid, and they hold on tightly to what they've got, even though God isn't in it.

5. Spiritual Decay Within. Here's a principle that always works: You must defeat the devil or you're going to face him again. You can't just get him almost out. You can't be a little corrupt. Any little bit results in spiritual decay within. You sell your birthrights

for trinkets. You sold your birthright for, “Baby, I love you. Just this once,” or, “Hey, man, you’re chicken. Everybody is doing it.” Your birthrights are your confidence, your courage, your hope, your belief, your faith, your trust. These are things on the inside of you that birth the visions God gives you.

6. Lack of Motivation. Satan chips away your motivation in five ways.

- **Five Senses.** He gets your senses and emotions involved so that you “just don’t feel like it.”
- **Reasoning.** “I know God’s will for me, but it doesn’t make any logical sense.” Remember, logic is in rebellion to faith. You can’t get smarter than God.
- **Intellect.** If it’s not popular with the Ph.D.s, you won’t believe it. You confirm God’s Word by what the scientists say, rather than confirming the scientists by what God’s Word says.
- **Vain Imaginings.** You know what you have to do, but the enemy starts whispering, “You know what’s going to happen if you try that. They’ll laugh at you.”
- **Memory.** The enemy whispers, “You remember the last time you tried that. You tried five times, and it didn’t work. So don’t even think about it again.” He takes you back to the past, but God is the God of the NOW.

Right now look back at the six strategies you just read. Rank them in order from one to five, with one being the strategy that is most damaging to you personally, and five being the least damaging. I developed Vertical Leap training to neutralize those strategies, so keep reading.

HOW TO STOP BEING SORRY

God did not send you into the world to make a living. He sent you to change this world, to be the light on the hill, the salt of the earth. (See Matthew 5:13–14.) Out of the four hundred million sperm cells seeking one egg of the mother, 399,999,999 of them died. Only one made it, and it's you. You are God's greatest miracle. Nobody else can do what you do.

Within your DNA is a master code set by God from the beginning of time. This code is seen as the desires of your heart. "I will put My laws on their mind and write them on their hearts; and I will be their God, and they shall be My people" (Heb. 8:10). Man's flesh left to itself seeks to remain in homeostasis (balance of internal pressure). Life is the driving force of desire seeking fulfillment. Cathexis is desire unfulfilled, and frustration is defined as barriers to your goal.

God sent you here for a purpose, not to shrivel up into a molehill because of these barriers and frustrations, but to grow into a mountain. The cells of your body know by their DNA code where to go, when to arrive, how to bend, and how to cluster with like cells that form body parts. So too will God direct your steps to your destiny of purpose.

Most of us act as if we've just come to earth to pay our house notes and car notes, go to sleep, wake up, and complain about our miserable lives and communities, and how somebody should

do something. God sent *you* to do something. In order to achieve your purpose, you must have desire and be motivated.

MOTIVATION

The desire/motivation formula is Desire • Habit • Incentive.

- **Desire.** Your motivation is ignited by your strong cravings, wants, and needs—desires. The Bible warns us in James 4 not to let lusts be our source of motivation. Lust is the outer drive, and it is reactionary to life's temptations. It is driven by what someone else has and not by God's plan encoded in our hearts as purpose (Heb. 8:10). God's Word should be your source of desire.
- **Habit.** Habits are actions taken without thought. Habits are birthed from successful repetitive actions. The strength of one's motivational force is dependent upon the habit of achieving the object or thing desired.
- **Incentive.** Incentive is the passion of desire. It strengthens the drive force of desire.

One can reasonably predict desire/motivation force mathematically by assigning numbers in a range of variance, that is, 1 = low motivation force to 10 = high motivation force. As an example, let's use a hungry person. He desires to eat. He has a choice between steak and vegetables. Which do you predict he will choose? Let's apply our desire/motivation formula.

Motivational Force

(Hungry person example)

Food available to a hungry person	Desire <i>(Level of hunger)</i>	x	Habit <i>(Habit of achieving desire)</i>	x	Incentive <i>(Level of passion for object desired)</i>	Motivational Force
Steak	10		5		10	500
Vegetable	10		5		3	150

Therefore, we can see that forecasting behavior is quite simple. Because he liked to eat steak (10) much more than vegetables (3) his motivational force to acquire steak was much higher. Notice if I were to change the habit of achieving desire from 5 to 0, there would be no motivation force ($10 \times 0 \times 10 = 0$). Or if I were to change the incentive to 0, there would be no motivation force ($10 \times 5 \times 0 = 0$). When we do not achieve our desires, it is due to poor habits of achieving our goals or due to having no incentives. God's mind in us (as expressed in Hebrews 8:10) is our inner incentive to move into His finished plan for our lives.

THE SEASON FOR THE BODY OF CHRIST

I've got good news. You don't need a bunch of collateral or a big down payment or a prestigious family name to become wealthy. In the twenty-first century, ideas are going to be worth more than an inheritance. People will pay millions for a good idea. The new technological world we're coming into is going to be the new affirmative action program, because it's going to put everyone on an equal plane. If you can dream it, there is somebody who can do it. The world will be hungry for dreams, visions, and ideas.

This is the season for the body of Christ. We're the ones with access to the most creative idea Source in the universe—God. We're the believers. God said in these latter days He would pour out His Spirit on all flesh. Young men would see visions and old men would dream dreams. (See Acts 2:17 and Joel 2:28.) He is preparing those of us with ears to hear and eyes to see as storehouses for the completion of His kingdom. God is raising up an apostolic people to dream and prepare the vision as architects of His kingdom coming.

I truly believe this is why you're reading this book. In order to fulfill your role in God's kingdom coming, you need to be equipped. That's the purpose of *Vertical Leap*. *Vertical Leap* has two dimensions. One is the personal success it enables you to achieve. The other is the working out of God's purposes on a global scale.

These are the guiding ideas behind the outreach to youth that my wife Hattie and I founded in 1977—B.O.S.S the Movement. We saw the dismal future that lay ahead for young people in the inner city and we decided "someone must do something, and the 'something' must be based on Christ and His Word." That's why B.O.S.S. stands for Building on Spiritual Substance. We have been successfully teaching young people ages seven to seventeen the relevance of God's Word in birthing their creative ideas from the spiritual realm to a physical reality. We received so many requests from adults for this teaching that we created what we now call Vertical Leap training (see page i for information on how you can attend). When an adult learns the Vertical Leap principles, we desire him or her to partner with B.O.S.S. the Movement to become a trainer in their local church or community.

I am telling you this right now so that you can understand there is more to be gained than your personal happiness. By

birthing the dreams, visions, and ideas God gives you, you can be an agent for positive change on a global scale.

The next chapter will tell you how to understand your potential and to tap into its resources.

APPLICATION QUESTIONS

1. When was the last time you had to say “I’m sorry”?

2. Do you want God to revive one of your dead dreams, or do you want Him to give you a new one?

Stop Being Sorry

3. The six Satanic strategies for keeping us sorry are 1) fear, 2) weariness, 3) lack of discipline, 4) pursuit of self-interest, and 5) spiritual decay, and 6) lack of motivation. Which one do you feel is most important to overcome in your life?

4. Do you have any pride issues that are keeping you from depending on God? Are you willing to sacrifice something that seems good in order to follow God's better calling? Explain.

5. What is the formula for motivational force? How would you rate your habit of achieving desire (on a scale of 1 to 10)?

Chapter 2

VERTICAL LEAP

Do you ever feel pushed around by life? Everything from your daily schedule to your life goals is dictated by the circumstances around you. How would you like to do the pushing for a change?

The law of cause and effect states that one's thinking is the cause and the result of his thinking is the effect. This law states that there is no such thing as luck. Man earns a living, behaves, and attracts things to him according to his self-concept (or his thinking).

Vertical Leap is about being the pusher instead of the pushed. It's about being proactive to the world around you, instead of reactive (visions on the inside creating the facts on the outside).

The best definition of Vertical Leap is this: Vertical Leap takes us from *facts to faith to action*. We start with the facts of our lives in the natural realm. For example, many of us feel lifeless and empty about our work. We are uncertain about God's purpose for our lives, let alone fulfilling it. Then we go to God's Word and we are imparted with faith about His purposes for the world, and we go to God in prayer and discover our role in His plans. Our faith results in taking action, and we see reality move from the spiritual realm to the material realm. That is the Vertical Leap—living on the basis of God's reality instead of our own perception of reality.

There are two foundational concepts you must master in order to take the Vertical Leap. They are 1) stay conscious and 2) do it NOW.

1. Stay conscious. Many of us go through days and weeks in an unconscious state. By that I mean that we are not thinking and so we fail to make right choices. We do not take advantage of the fact that God made us unique from all other creatures by giving us the ability to choose. Man is not a slave to stimulus-response as animals are.

If an animal is hungry, he'll eat. If he's sexually excited, he'll mate. It's part of his fleshly instinct. Animals do not have a choice. No lion thinks, "It isn't nice to kill this gazelle. Maybe I should morally look at his life. Does he have a family to feed?" The animal just wants to meet the need in his body.

Unfortunately, there are times that we humans act like animals. We sleep with other people's spouses because we have lust. We hurt other people to make ourselves more comfortable. But that isn't the best for us.

Remember, to make a Vertical Leap principle work, you've got to do two things: 1) stay conscious so that you make a decision based on God's Word instead of what your five senses tell you and 2) do it NOW so that you are moving when God moves.

A choice starts in the mind with your consciousness. You see, you can't make a choice without thinking or having an inner perception. *You can't do what you can't see.* You can't think or perceive without being conscious. So within my consciousness is my ability to choose. One can only be conscious NOW.

2. Do it NOW. NOW has been defined *as zero to five seconds.* NOW is the amount of time you can keep a thought, idea, or dream in short-term memory before it's embedded into long-term memory. (The average short-term memory span is two to five seconds.) NOW is the only place you can make a choice or decision. God is a God of NOW, and He communes with us NOW. NOW is all we have. We do not live in the past or the future. *We can only live and make choices in the NOW.*

We often try to figure out when God is going to move. God doesn't work according to our time lines. Your requirement is to stay ready and prayed up, for you never know when He may direct you. But when He speaks, do it NOW (zero to five seconds).

The enemy will have us do good things at the wrong times. Yesterday's good can be today's evil. Good is doing what God told you to do when He told you to do it. Peter in a vision saw a sheet lowered with what was previously considered unclean animals. Yet, the angel of the Lord instructed Peter to eat. The angel explained, "What God has cleansed, you must not call common. (Acts 10). Don't look at things the way things used to be. Look at the way God is revealing them to you now. Peter had to upgrade his map to reality.

Faith is NOW. Facts are in the past.

YOUR POTENTIAL

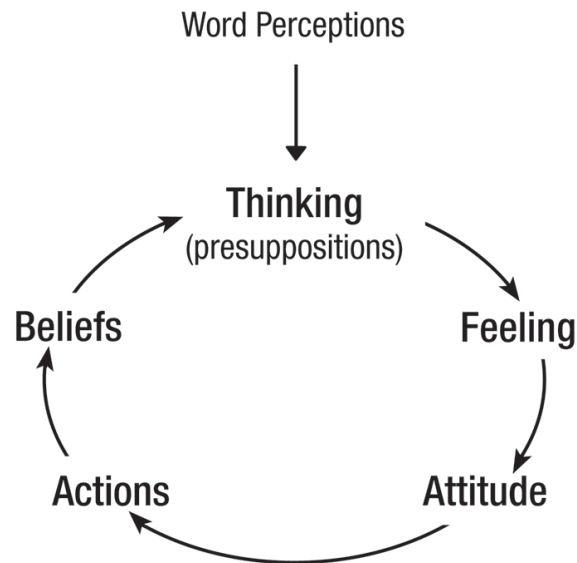
The Vertical Leap is designed to purify and maximize your potential. *Your potential is made up of word perceptions, which are words spoken and unspoken, that influence your thoughts, feelings, attitudes, actions, and beliefs.* These five things determine whether you will give birth to a vision from God or say I'm sorry once again. In other words, your potential creates your reality.

We need to recognize that our potential is under our power to control. If our feelings, attitudes, actions, and beliefs are hindering us from success, we can change them by changing our thinking. We change our thinking by changing our sensory perceptions. What we give our attention to comes to live in us as our thought life (Prov. 23:7).

It's very important to see the chain of events that starts with word perceptions: Word perceptions shape my thinking; my thinking shapes my feelings; my feelings shape my attitudes and

actions; my repeated actions form my beliefs; my beliefs become my potential and my potential shapes my presuppositions (how I presuppose the world to be). A presupposition is a thought that has been reinforced. Presuppositions are dangerous because they are self-perpetuating. Whatever the heart embraces as true the mind will support.

Potential—View 1



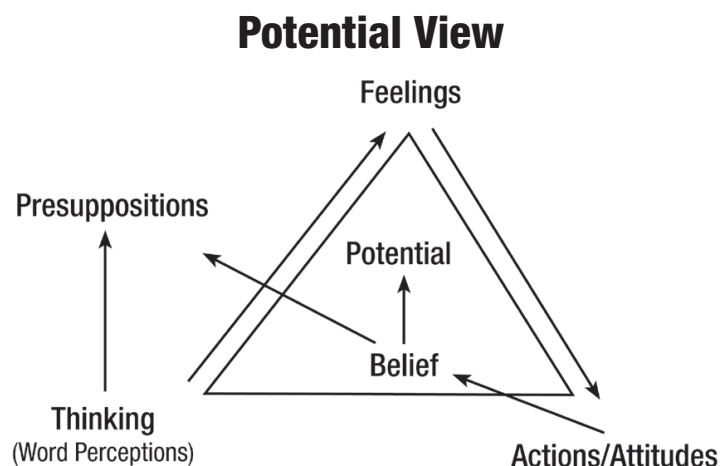
If I think “I’m sleepy, I feel tired,” I will take on the attitude and actions of one who is tired. My actions repeated become my belief. That belief reinforces how I see the world (presupposition). How I see the world reinforces my thinking—positively or negatively.

It starts small, but it gets big and creates reality. It can start in your childhood with positive or negative words spoken by your parents or an authority figure that shaped your thinking by you embracing their words as truth. You have responded over and over again to these words. Now you are where you are.

Here's an example. Your second grade teacher said, "You're not good at math," so you start thinking, "I'm not good at math" (thinking). The word perceptions have changed your thinking. You feel stupid (feelings). You begin to hate going to math classes (attitude). You don't even bother to study for math tests because you're "not good at math" (actions). When you fail your math tests you conclude, "I'll never be good enough at math" (belief/potential). "And I won't apply for a job that requires math because they will see I'm not qualified" (presupposition).

That was the first round in the chain of events. Now you enter all situations in life with the presupposition: I will never be good at math. Whatever the heart embraces as true, the mind will support.

Let's continue the example with math. Say you grow up and get a job in sales. You're good at talking to people, so you get a lot of sales. But you're always in trouble with your boss because the math in your reports is inaccurate. When he encourages you to improve, you think, "That's it. I'm going to lose my job because I'm not good at math" (thinking). You feel depressed (feelings). You dread going to work (attitude) and avoid your boss (actions). Finally, when you're fired, a new presupposition emerges: "I'll never be able to keep a good job."



Do you see how a negative word that captured your attention started the chain of events? However, a change of thinking at any point would have stopped the negative power of that word. (Vertical Leap will help you realize a change of thinking.)

Can you identify some presuppositions in your life? Remember, a presupposition is thinking that has been reinforced through the chain of events that make up potential. Try to think of one good presupposition and one bad one, and write them in the margin of this book. For example, I'm an organized person (positive). I'm not creative (negative).

To rejuvenate your potential, change your thinking NOW. Say to yourself, "I am creative." The next chance you have to be creative, jump on it! In Romans 12:2 God says He will renew your mind through His Word. Don't look to the past to define your thinking. Looking back to determine your forward potential is extremely limiting.

Remember, your feelings, attitude, actions, and beliefs are *your choice* based on *your thinking now*. No one can limit your potential and corrupt your presuppositions without your cooperation. Change the words and thought perceptions you embrace as true and you change your destiny.

REDEMPTION

Adam and Eve were the first to have their potential corrupted. In Genesis 2 mankind was in their proper place in the garden—no sickness, no lack, perfectly following God, no fear. Their reality was driven by the mind of God. They walked with Him in the garden and thought His thoughts.

In their original state they had full charge of their birthrights. Every person is born with these birthrights—*confidence, courage, hope, belief, faith, and trust in God as his source*.

But in Genesis 3 they were bamboozled by the serpent and decided to listen to Satan's words. They chose based on their logic instead of God's word. (Remember, logic based on the five senses is in rebellion to faith.) When they moved away from the word of God, they fell into the flesh, and they died spiritually. They lost their birthrights, and their presuppositions about encountering God changed. Instead of looking forward to walking with Him in the cool of the evening, they were in fear (Gen. 3:10).

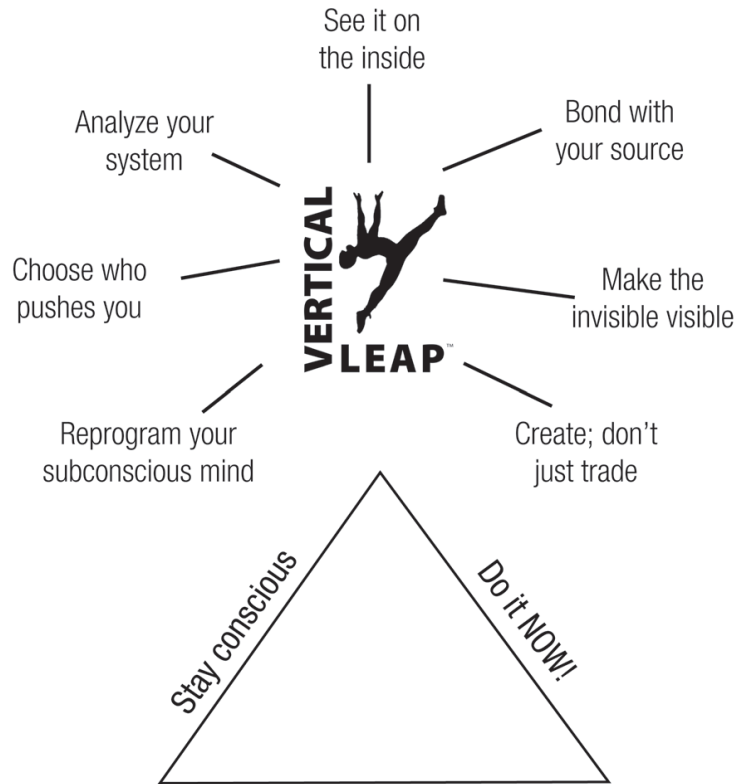
God made a way of redemption available for us through the death of His Son, Jesus. Redemption is a thing being in its proper place, taken out of place, and restored to its place again. Vertical Leap is about redemption—regaining our ability to be moved by the Word of God unto perception on the inside instead of our senses and voices of others on the outside.

HOW TO USE THIS BOOK

I am so excited about how a Vertical Leap can change your life. My only regret in you reading this book is that I will not be present to witness the transformation that will take place in you. If this book has touched you, please contact us. We would like to hear from you (Remember, you are also invited to attend a Vertical Leap seminar to receive more in depth training. See page i for more information.)

To help you mentally organize what causes a Vertical Leap, I've created the diagram on this page.

Vertical Leap



At the bottom, holding everything up, you'll recognize the two principles we just discussed—stay conscious and do it NOW. I cannot emphasize enough that for the rest of this book to be effective you must put these words into action. Unconscious people who wait are no threat to Satan and no help to God.

See how the seven spiritual principles are organized around the words *Vertical Leap* like spokes on a wheel? That's because they all contribute to making the Vertical Leap possible.

Because these principles are based on Gestalt thinking (each principle stands independent of need for support of the other principles), you don't start at the top and work your way around the circle. You don't even have to complete one principle before moving on to the next. In reality you will probably work on all

the principles simultaneously. As they interact together you will realize the Vertical Leap in different areas of your life.

Notice that I said a Vertical Leap can occur in more than one area of your life. In my teaching I use a lot of examples from business, but I also include the application for personal life. That's because principles cross over in every area of life. Principles are truths. You do not put a truth in a box because everything is interconnected with truth, and it leads back to who is the truth—Jesus. If it is not interconnected and interwoven, it is not the truth. So a business principle can also apply to your marriage or church.

It is helpful to compare principles to facts. Principles are spiritual truths and do not change. Facts are subject to change. Principles create and can change facts.

So whenever you read the word *principle* in this book, pay special attention because that principle can transform your life and change your negative facts.

The other important thing to keep in mind about these principles is that they are spiritual. Their operation does not depend on your own might. It depends on your willingness to trust in the power of God.

Now here's your first chance to practice what you've learned so far. Stay conscious! Don't put this book down because your brain is starting to feel strained. Make a decision to keep reading because the next chapter contains the first spiritual principle—see it on the inside. Do it NOW!

APPLICATION QUESTIONS

1. In order to take a Vertical Leap you must 1) stay conscious and 2) do it NOW. Think of a situation you encounter regularly where you need to stay conscious and make a thinking decision rather than just react to a stimulus.

2. You have the power to shape your potential by choosing how you think about yourself. Were there negative words in your childhood? Identify some of those words now and make a decision to change your thinking on those issues.

3. With which birthrights are every person born?

4. Explain in your own words how the idea of redemption is similar to the idea of Vertical Leap.
